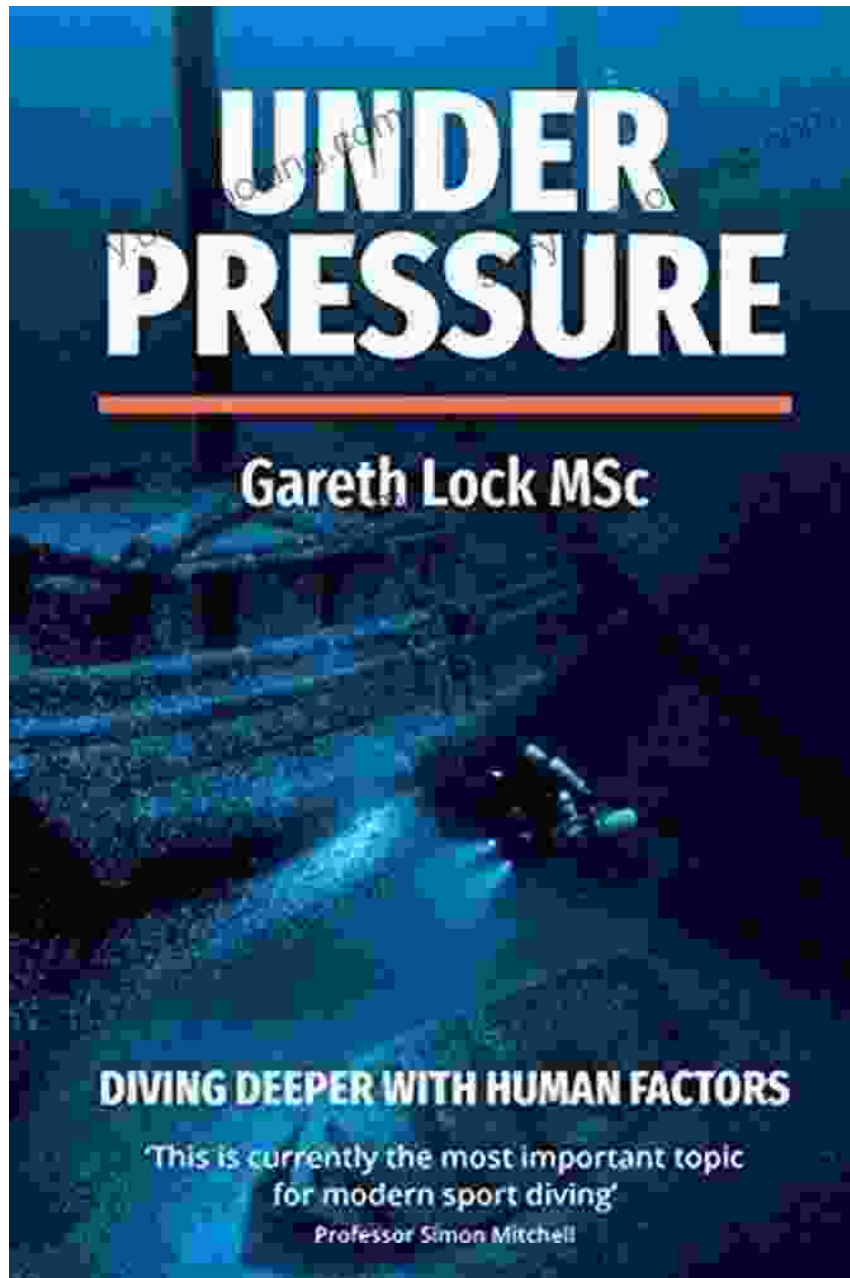


Under Pressure: Diving Deeper With Human Factors

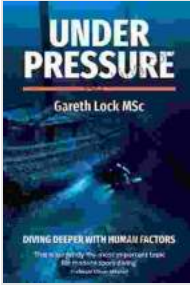


Under Pressure: Diving Deeper with Human Factors

by Lock Gareth

★★★★★ 4.6 out of 5

Language : English



File size	: 2874 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 349 pages



Overview

Diving is an inherently risky activity, and human factors play a significant role in diving accidents and incidents. *Under Pressure: Diving Deeper With Human Factors* is a comprehensive guide to human factors in diving, providing insights into the psychological and physiological factors that can affect diver safety and performance.

The book is written by Dr. David J. Sangrey, a leading expert in human factors in diving. Dr. Sangrey has over 30 years of experience in diving research and education, and he has published numerous articles and books on the topic of human factors in diving.

What's Inside the Book?

Under Pressure is divided into three parts:

1. **Part 1: to Human Factors in Diving**
2. **Part 2: Psychological Factors in Diving**
3. **Part 3: Physiological Factors in Diving**

Part 1 provides an overview of human factors in diving, including the history of human factors research in diving, the different types of human factors that can affect diving safety and performance, and the methods used to study human factors in diving.

Part 2 examines the psychological factors that can affect diving safety and performance, including perception, attention, decision-making, and stress. This section also discusses the role of training and experience in mitigating the effects of psychological factors on diving safety.

Part 3 examines the physiological factors that can affect diving safety and performance, including the effects of pressure, temperature, and decompression on the human body. This section also discusses the role of nutrition, hydration, and fitness in diving safety.

Who Should Read This Book?

Under Pressure is a valuable resource for anyone who is interested in diving safety, including divers, diving instructors, diving researchers, and diving safety professionals. The book is also a valuable resource for students who are studying human factors in diving.

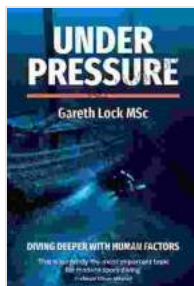
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Under Pressure is available in both print and e-book formats. To Free Download the book, please visit the following website:

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Under Pressure is a comprehensive and authoritative guide to human factors in diving. The book provides valuable insights into the psychological

and physiological factors that can affect diver safety and performance. This book is a valuable resource for anyone who is interested in diving safety.



Under Pressure: Diving Deeper with Human Factors

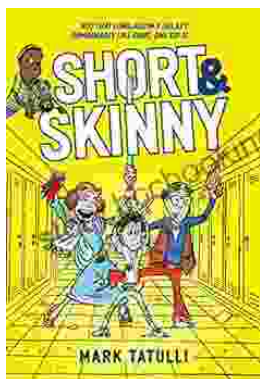
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