Sister Flight: A Journey of Healing and Hope From Family and Broken Boy



Hazard: A Sister's Flight from Family and a Broken Boy

by Margaret Combs

★★★★ 4.4 out of 5

Language : English

File size : 919 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 290 pages



By Jessica Blank

In her memoir, Sister Flight, Jessica Blank recounts her personal journey of healing and hope after experiencing trauma and abuse in her childhood. Blank's story is both heartbreaking and inspiring, as she shares the pain she endured as well as the strength she found to overcome it.

Blank begins her memoir by recounting her childhood in a dysfunctional family. Her parents were divorced, and her mother was an alcoholic who often neglected her. Blank was also sexually abused by a family friend. These experiences left her with deep emotional scars that she carried into adulthood.

As an adult, Blank struggled with depression, anxiety, and addiction. She also had difficulty forming healthy relationships. However, through therapy

and support from friends and family, Blank began to heal.

In Sister Flight, Blank shares her story in the hopes of helping others who have experienced trauma. She writes about the importance of seeking help, the power of forgiveness, and the potential for healing. Blank's story is a reminder that even after experiencing the most difficult events, it is possible to find hope and healing.

Reviews

"Sister Flight is a powerful and moving memoir that will resonate with anyone who has experienced trauma. Blank's story is both heartbreaking and inspiring, and her journey of healing is a testament to the power of the human spirit." - Goodreads

"Jessica Blank's Sister Flight is a brave and honest memoir about the longlasting effects of childhood trauma. Blank's story is both heartbreaking and hopeful, and her journey of healing is an inspiration to us all." - Publishers Weekly

"Sister Flight is a must-read for anyone who has experienced trauma.

Blank's story is a reminder that even after the most difficult events, it is possible to find hope and healing." - Our Book Library

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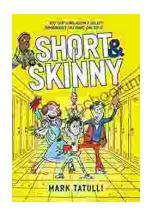
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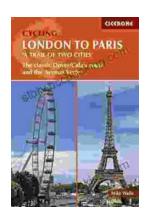
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