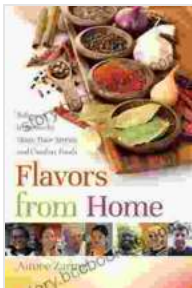


Refugees In Kentucky Share Their Stories And Comfort Foods

In a new cookbook, refugees in Kentucky share their stories and comfort foods. The book, titled "Refugees in Kentucky: Sharing Our Stories and Comfort Foods," is a collection of recipes and stories from refugees who have resettled in Kentucky. The cookbook is a way for refugees to share their culture and traditions with the community.

The cookbook features recipes from a variety of countries, including Iraq, Syria, Afghanistan, and Somalia. The recipes are simple to follow and use ingredients that are readily available in Kentucky. The cookbook also includes stories from the refugees, sharing their experiences of coming to the United States and resettling in Kentucky.



Flavors from Home: Refugees in Kentucky Share Their Stories and Comfort Foods by Maryetta Ackenbom

★★★★★ 5 out of 5

Language : English
File size : 13218 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 327 pages
Lending : Enabled



The cookbook is a valuable resource for anyone who wants to learn more about refugee culture and traditions. It is also a great way to support refugees in Kentucky. The cookbook is available for Free Download online and at local bookstores.

Recipes

The cookbook features a variety of recipes, including:

- Iraqi Lamb Stew
- Syrian Kibbeh
- Afghan Biryani
- Somali Sambusa

Stories

The cookbook also includes stories from the refugees, sharing their experiences of coming to the United States and resettling in Kentucky. The stories are inspiring and provide a glimpse into the lives of refugees.

One of the stories is from a refugee from Iraq. She came to the United States with her family in 2007. She was pregnant at the time and her husband was injured. They had to leave their home and everything they owned behind. They came to the United States with nothing but the clothes on their backs.

The family settled in Kentucky and the woman gave birth to a baby girl. She is now a stay-at-home mom and her husband works as a mechanic. They are grateful for the opportunity to live in the United States and they are proud to call Kentucky their home.

Another story is from a refugee from Syria. He came to the United States with his family in 2011. They had to flee their home because of the war. They came to the United States with nothing but the clothes on their backs.

The family settled in Kentucky and the man got a job as a truck driver. He is now a U.S. citizen and he is proud to call Kentucky his home.

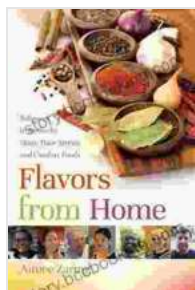
Support Refugees in Kentucky

The cookbook is a great way to support refugees in Kentucky. The proceeds from the sale of the cookbook will go to support refugee resettlement programs in Kentucky.

You can Free Download the cookbook online or at local bookstores.

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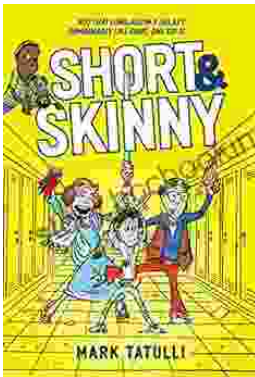
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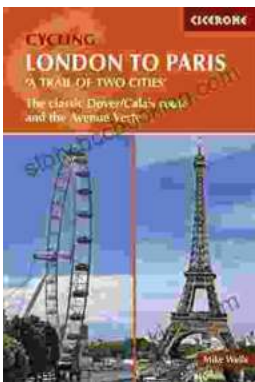
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