

# Like Girl: Lori Degman's Inspiring Journey to Self-Love and Success



**Like a Girl** by Lori Degman

★★★★☆ 4.9 out of 5

Language : English

File size : 6800 KB

Screen Reader : Supported

Print length : 40 pages

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Lori Degman was just a shy and insecure girl when she started high school. She was bullied relentlessly for her weight and her appearance, and she struggled to fit in. But over the years, Lori slowly began to find her own voice and to develop a sense of self-worth. She started to stand up for herself and to challenge the negative messages that she had been hearing about herself. And eventually, she found the strength to pursue her dreams and to create a life that she loved.

Lori's journey is chronicled in her powerful and inspiring memoir, Like Girl. In this book, Lori shares her experiences with bullying, body image issues, and dating with a refreshing candor that will resonate with readers of all ages. She writes about the challenges she faced, the lessons she learned, and the tools she used to overcome her obstacles. And she does it all with a sense of humor and optimism that is sure to leave readers feeling inspired and empowered.

Like Girl is more than just a memoir. It's a roadmap for anyone who has ever felt lost or insecure. Lori's story is a reminder that we all have the power to change our lives and to create a future that we love. It's a message of hope and inspiration that will stay with readers long after they finish reading the book.

### **Praise for Like Girl**

"Like Girl is a must-read for anyone who has ever struggled with self-doubt or insecurity. Lori Degman's story is honest, relatable, and often laugh-out-loud funny. She writes with a refreshing candor that will resonate with readers of all ages." - **Jenna Kutcher, host of the Goal Digger Podcast**

"Lori Degman's Like Girl is a powerful and inspiring memoir that will leave readers feeling motivated and empowered. Lori's story is a reminder that we all have the potential to overcome our obstacles and to create a life that we love." - **Rachel Hollis, author of Girl, Wash Your Face**

"Like Girl is a must-read for anyone who has ever felt like they don't measure up. Lori Degman's story is a powerful reminder that we are all worthy of love and acceptance, no matter what our size, shape, or background." - **Jessica More, author of The Happiness Project**

### **About the Author**

Lori Degman is a writer, speaker, and entrepreneur. She is the founder of the Like Girl movement, which empowers women to embrace their true selves and to live their lives to the fullest. Lori's work has been featured in The New York Times, The Washington Post, and Forbes. She lives in Los Angeles with her husband and two children.

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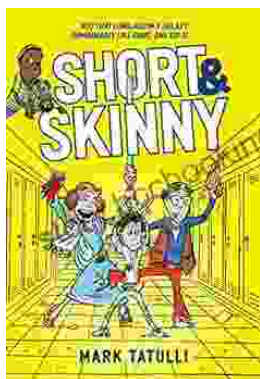
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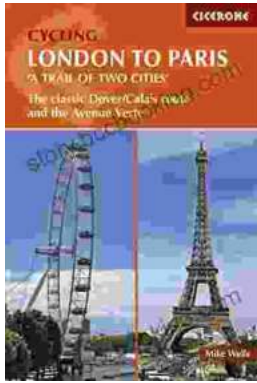
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