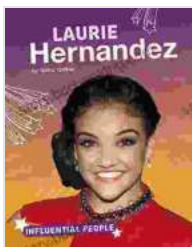


Laurie Hernandez: An Olympic Champion and Role Model for Young Girls

Laurie Hernandez is an Olympic champion, a role model for young girls, and an inspiration to us all. She is best known for her performance at the 2016 Summer Olympics in Rio de Janeiro, where she won a gold medal in the team all-around competition and a silver medal on the balance beam.

Laurie was born in New Jersey in 2000. She began gymnastics at the age of 5, and by the age of 12, she was competing at the national level. In 2015, she won the all-around title at the U.S. National Championships, and she was named to the U.S. team for the 2016 Olympics.



Laurie Hernandez (Influential People) by Mara Rockliff

★★★★☆ 4 out of 5

Language : English

File size : 8246 KB

Screen Reader : Supported

Print length : 33 pages



At the Olympics, Laurie was a member of the U.S. team that won the gold medal in the team all-around competition. She also won a silver medal on the balance beam, becoming the first American woman to win a medal in that event since 1984.

Since the Olympics, Laurie has continued to compete in gymnastics, and she has also become a role model for young girls. She has spoken out

about the importance of following your dreams and never giving up. She has also been involved in several charitable organizations, including the Laurie Hernandez Fund, which supports young gymnasts from underprivileged backgrounds.

Laurie Hernandez is an inspiration to us all. She is a talented athlete, a role model for young girls, and a reminder that anything is possible if you set your mind to it.

Overcoming Adversity

Laurie Hernandez's journey to the Olympics was not without its challenges. She was diagnosed with ADHD at a young age, and she struggled with academics throughout her childhood. She was also bullied by her classmates because of her ADHD and her Puerto Rican heritage.

Despite these challenges, Laurie never gave up on her dream of becoming an Olympic gymnast. She worked hard in school and in the gym, and she eventually overcame her ADHD and her bullies.

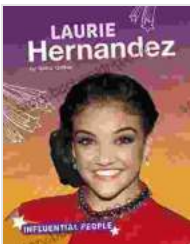
Laurie's story is a reminder that anything is possible if you set your mind to it. No matter what challenges you face, you can overcome them if you never give up on your dreams.

Role Model for Young Girls

Laurie Hernandez is a role model for young girls because she shows them that anything is possible if you set your mind to it. She is a talented athlete, a strong woman, and a kind person.

Laurie's story teaches young girls that they can be anything they want to be. They can be strong, they can be athletic, and they can be kind. They can also overcome any challenges they face.

Laurie Hernandez is an inspiration to us all. She is a reminder that anything is possible if you set your mind to it. No matter what challenges you face, you can overcome them if you never give up on your dreams.



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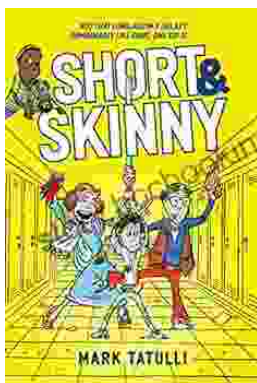
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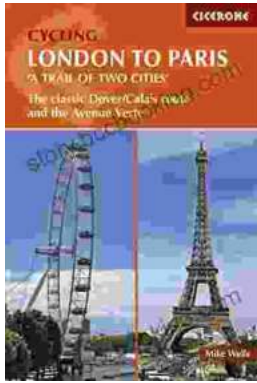
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