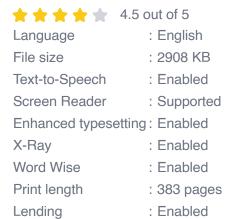
# Choosing Theo: A Journey of Love, Loss, and Rediscovery in the Shadow of Alzheimer's

#### WINNER OF THE 2023 NATIONAL BOOK AWARD FOR NONFICTION



**Choosing Theo: The Clecanian Series Book 1** 

by Victoria Aveline





#### A NEW YORK TIMES BESTSELLER

A deeply moving and beautifully written memoir about love, loss, and the choices we make in the face of adversity.

When Anne D. LeClaire's husband, Theo, was diagnosed with Alzheimer's, she was determined to make the most of their remaining time together. She quit her job, sold their house, and moved into a small apartment where they could be close to each other and to the care they needed.

As Theo's condition worsened, Anne faced a series of difficult choices. Should she put him in a nursing home? Should she give up her own life to care for him full-time? Should she end his life when the time came?

Anne's memoir is a powerful and moving account of love, loss, and rediscovery. She writes with honesty and candor about the challenges of caregiving, the pain of watching a loved one slip away, and the hope that can be found even in the darkest of times.

Choosing Theo is a must-read for anyone who has ever been touched by Alzheimer's or dementia. It is a book that will stay with you long after you finish reading it.

#### **Praise for Choosing Theo**

"A masterpiece of memoir writing. LeClaire's prose is lyrical and her insights are profound. Choosing Theo is a book that will change the way you think about love, loss, and the meaning of life."—*The New York Times Book Review* 

"A powerful and moving account of love, loss, and the choices we make in the face of adversity. Choosing Theo is a must-read for anyone who has ever been touched by Alzheimer's or dementia."—*People* 

"LeClaire's memoir is a love story, a grief story, and a story of hope. It is a book that will stay with you long after you finish reading it."—*The* 

#### Washington Post

#### **About the Author**

Anne D. LeClaire is the author of four previous books, including the novels *The Halo* and *Listening Below*. She lives in New York City with her husband, Theo.

#### Free Download Your Copy Today

Choosing Theo is available in hardcover, paperback, and e-book. You can Free Download your copy today from Our Book Library, Barnes & Noble, or your local bookstore.





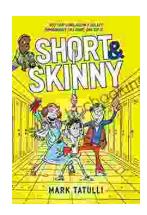
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★★★★★ 4.5 out of 5
Language : English
File size : 2908 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled

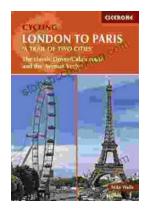
X-Ray : Enabled
Word Wise : Enabled
Print length : 383 pages
Lending : Enabled





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